



Guildford Travel Club presents

Chris Beynon:

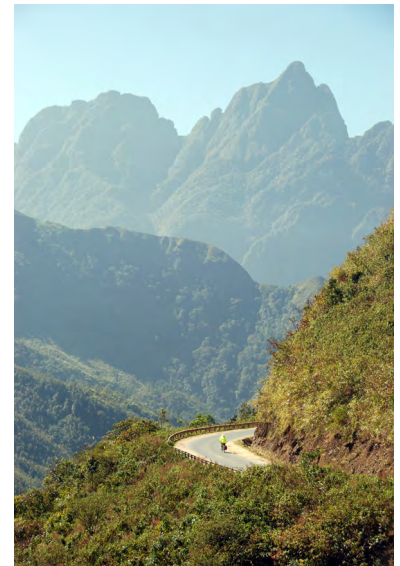
Hanoi to Vientiane on Two Wheels

15 February 2011

This talk describes a cycle tour in the mountainous north of Vietnam and Laos, starting at Hanoi, then to Sapa with its hill tribes such as the H'mong, and on to Dien Bien Phu and a newly opened border crossing. In Laos the route included a boat trip on a tributary of the Mekong, Luang Prabang and finally capital Vientiane.

You may mainly associate Vietnam with the "Vietnam War", poorer neighbour Laos is less well known, but Luang Prabang has won the top city award for a couple of years in Wanderlust magazine's Travel Awards. Both countries have a mix of affluence and poverty, stunning scenery, and interesting culture.

Chris regards cycling as the best way to see a country, and has cycled in ones as diverse as Chile, Kyrgyzstan, Morocco and Pakistan. Some tours, such as this one, were arranged by the CTC (the UK's national cyclists' organization), others Chris has arranged himself.



Guildford Travel Club now meets at the **Onslow Village Hall** at the junction of Wilderness Road and Orchard Road, Guildford

On alternate **Tuesdays** from October to April at 8.00pm (doors open at 7.30pm).
Visitors are welcome - £5 per meeting (Student Card Holders - £2.50).

For more information or to join:

telephone: 01428 683059

e-mail: eandbbaker@hotmail.co.uk

www.guildfordtravelclub.org.uk